

Flavia Di Tomassi  
Pilates instructor  
Pilates coaching  
*Happy person*



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+44 (0)7446639824  
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## TERMS AND CONDITIONS

For the ongoing health of teachers and students, Happydemic Pilates reserves the right and will refuse to teach a client who is evidently not well. Please do not return to class until fully recovered.

All participants under the age of 18 years must have consent, in written form, from a parent or guardian. The applicant also agrees to abide by the rules and regulations of the studio and acknowledges that these rules and regulations may change from time to time.

### **Class Fees, Usage and Payments**

Classes are 60 minutes long.

All equipment is provided.

**Cancellation notice** is up to 4 (four) hours prior the classes.

**Bookings are allowed until one hour** before the class starts.

Class will run with a minimum of three participants. If the minimum number is not reached an hour before the class starts, the class will be cancelled and the attendees notified via Gymcatch/email/text.

Happydemic Pilates is closed for Bank Holidays and operates on a 48 weeks schedule. In the event of any additional class cancellations, class will be credited back to the client's current pass.

**Single class:** £12

**5 Class Pass:** £45. Valid for seven weeks from the date of purchase and/or 5 classes.

**5 Class Pass Plus (includes one individual 45 minutes session):** £ 82. Valid for seven weeks from the date of purchase and/or 5 classes.

Trigger Point Pilates passes are valid exclusively for the Trigger Point Pilates classes and cannot be used to attend other classes.

Classes and passes are booked and paid in advance.

Payments, bookings and cancellations are made online via the booking system Gymcatch

([www.gymcatch.com](http://www.gymcatch.com)). In specific occasions and with previous agreement, payment can be made via bank transfer using the following details:

Miss Flavia Di Tomassi

Sort code: 30-98-91 Lloyds Bank

Account Number: 48497668

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### **Refund Policy**

In respect of all passes, no refunds will be given. In exceptional circumstances such as change of Happydemic circumstances, a critical medical health condition or forced relocation outside of the Buckinghamshire area, a refund may be considered and will be dealt with on a case by case basis.

Refunds are strictly not payable also in the following circumstances:

- Client changes her/his mind before using the pass
- A class needs to be cancelled by the teacher due to severe external conditions. An alternative appointment will be available.

All payments are non transferrable.

### **Session Cancellation Policy**

4 hours notice is required for cancellation for the class to be credited back on the current client's pass.

### **Personal Property**

Personal property brought to classes are done so at the participants own risk and Happydemic Pilates does not accept liability for any loss or damage whatsoever to such items.

### **Privacy Policy**

Personally identifiable information is kept secure. Happydemic Pilates will never sell, trade, rent, exchange or otherwise share personal information with any other person, company or organization. Please read the full Policy here: <https://mailchi.mp/65d5f87469f0/privacy-policy>

### **Studio Etiquette**

Thank you for being considerate to your Pilates instructor by:

- Immediately disclose any recent medical conditions or injury
- Looking after the equipment used
- Immediately inform the teacher about any discomfort you might experience during the session
- Turn your mobile phone off
- Not chewing a chewing gum during your class
- Ensuring to be wearing appropriate, clean clothes and foot hygiene
- Leaving your shoes at the entrance
- Being punctual
- Bring in a smile, leave your worries at the door and enjoy your session..***It's your time!***